

ABSTRACT OF THE DISCLOSURE

5 Volatile components are obtained by steam extraction of
tasty materials. Coffee beans following roasting or tea
leaves following tea manufacturing are used as tasty
materials. Steam extraction includes of processing in which
steam is contacted with a tasty material followed by recovery
of the steam after that contact. Saturated water vapor or
super heated steam is used for the steam, while super heated
10 steam is used preferably. The coffee beans are preferably
those that have been obtained by roasting raw coffee beans
using super heated steam. The food or drink contains the
aromatic components, and preferably contains the volatile
components as well as an aqueous extract of the tasty
15 material.